

## Skateboarding

Sport 4 Life can provide half day or full day coaching workshops or grassroots competitions in Skateboarding, an exciting addition to any summer youth event! Catering for up to 30 young people per workshop, using full protective equipment, CRB Checked and fully trained Coaches, comprehensive risk assessments and insurance cover, we were the trusted provider at The Cheshire Youth Games and Liverpool StreetGames Festival in 2009.

Bespoke structured progressive sessions using our own "StreetBoard" programme or informal supervision are offered catering for a range of ability from complete beginners to skateboarders with some experience. Young people can receive participation wristbands, certificates or medals and trophies for competitions. Many of our coaches are professional skateboarders and some are currently appearing in Hollyoaks! Our safe low level mobile skatepark requires a smooth tarmac area minimum of 25m x 25m such as a tennis court or smooth playground.

We can also provide bespoke training for skateboard coaches or teachers and supply discounted equipment, supporting you to develop your own community skateboarding club and are currently used by Bury Metropolitan Borough Council and Manchester City Council to promote good practise in coaching skateboarding for their Sport Unlimited programme.

\*Please note: Skateboarding workshops may need to be postponed if the skating surface is wet. For a quote or further information please email [skate@mysport4life.co.uk](mailto:skate@mysport4life.co.uk)