

In Line Skating

Sport 4 Life offers structured inline skate coaching workshops for up to 24 young people using full protective equipment, CRB checked and fully insured BRSF Level 2 coaches and the Skate Smart programme. This is a safe, fun progressive programme combining technical skill development and fun games adapted for the background of participants that won't mark sports hall floors. Young people can be certificated for participation or achievement.

Alternatively we offer grass roots inline speed skating or freestyle events, offering participation awards or certificates. A safe, exciting and innovative addition to any programme of youth activity!

We also offer a bespoke Sport 4 Life introductory coaching award that introduces community project staff to good practise in coaching inline skating and acts as a accessible progression route to the British Roller Sports Federation Award. We can arrange discounted equipment from major UK distributor and support you to access funding and develop your own community inline skating club.

Sport 4 Life uses best practise coaching methodology and WE WON'T MARK YOUR FLOOR!

*Please note: Outdoor Inline Skating workshops may need to be postponed if the skating surface is wet and a contingency indoor area is unavailable. For a quote or further information e-mail skate@mysport4life.co.uk